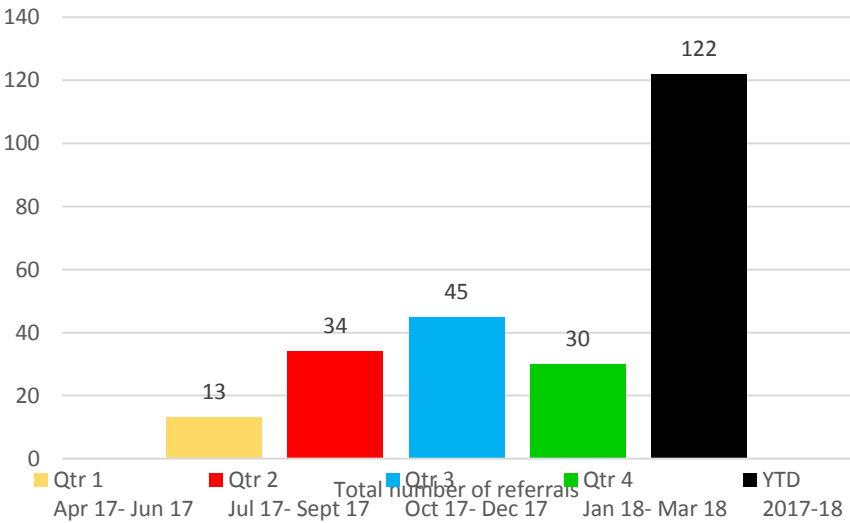


Social Prescription: Epsom and Ewell 2017-18

"Can I just say this service is absolutely wonderful. I'm getting such good feedback from patients especially those who are isolated with low mood. I hope this continues long term." GP, Epsom Locality

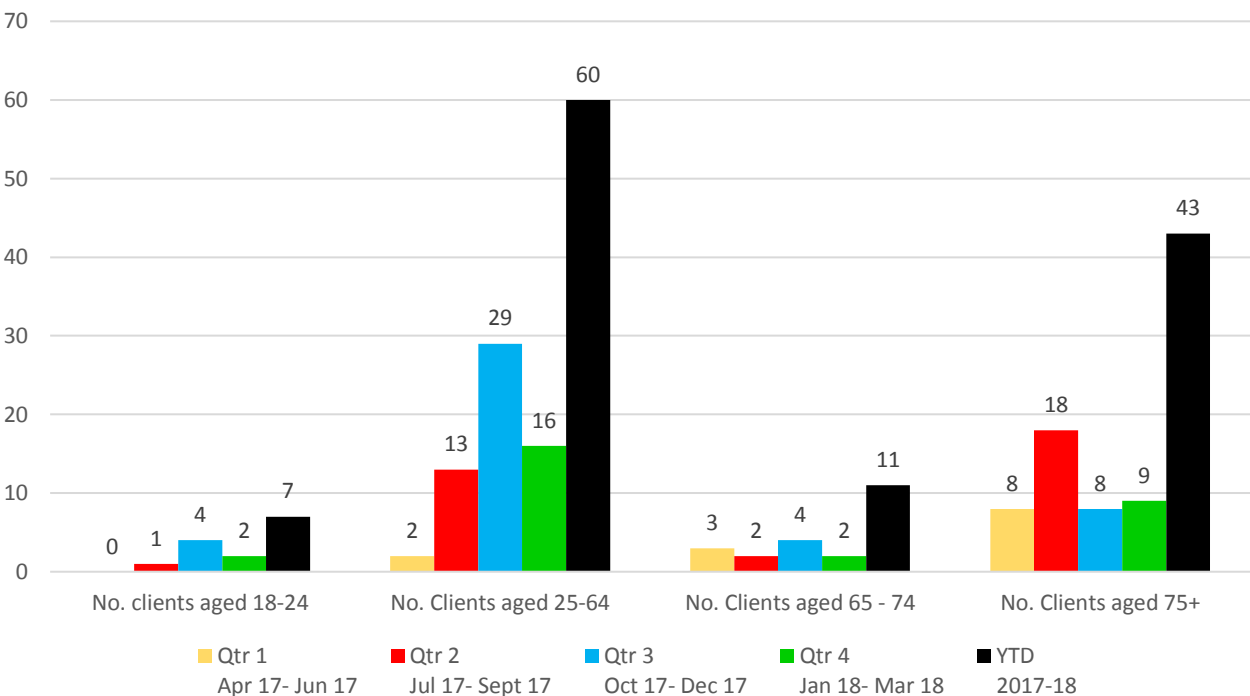
How many people have been given a social prescription?



34 people declined to take up their social prescription

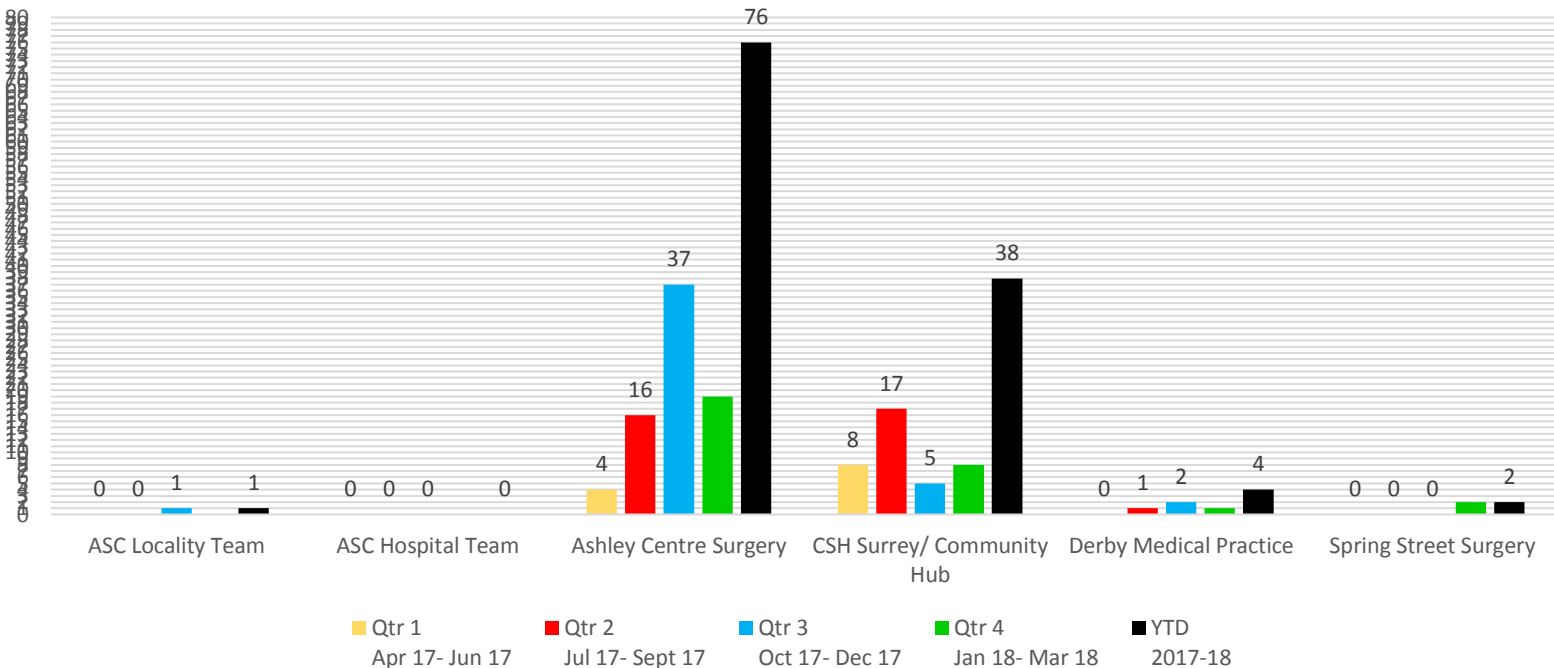
61 years old was the average age of client

Age Breakdown of Referrals



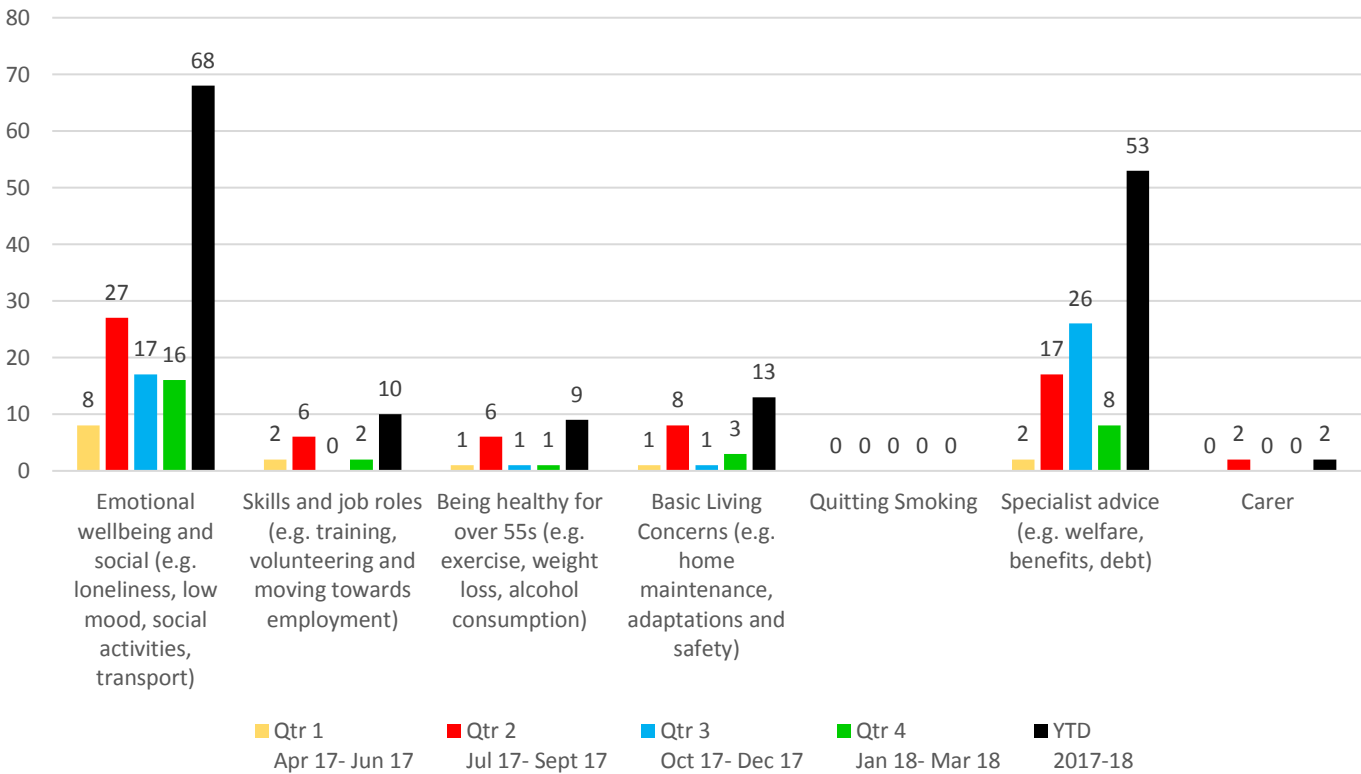
Social prescription is supporting the integrated team and surgeries with greater health inequality more frequently

Where have referrals come from?



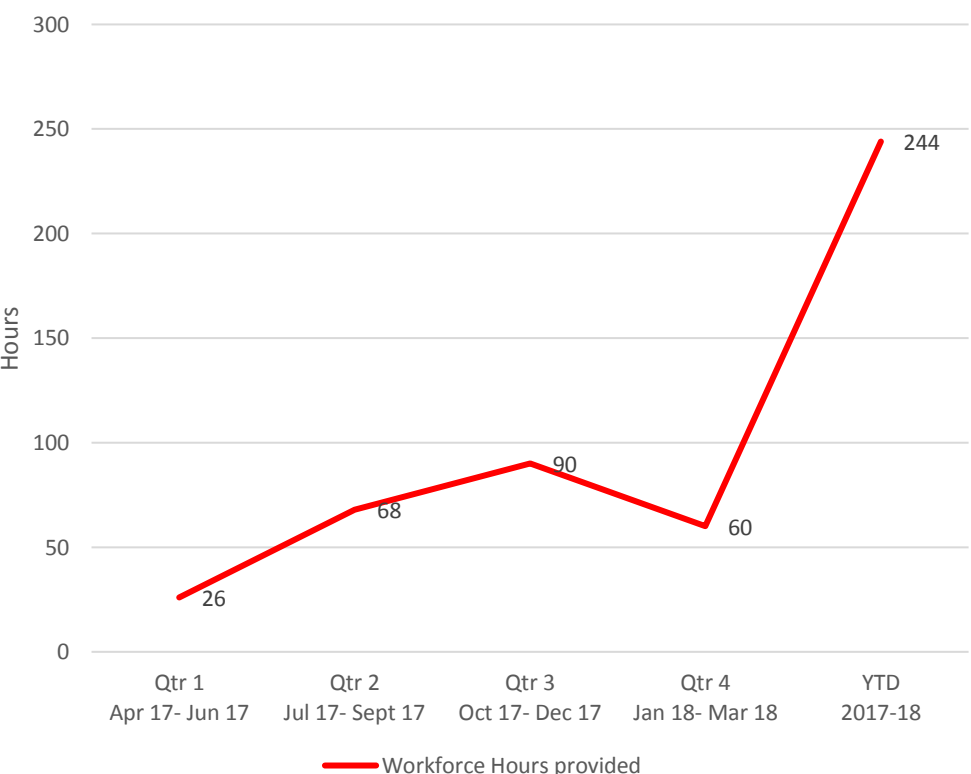
56% of social prescriptions requested support with emotional wellbeing and mental health

Support Requested Through Social Prescription

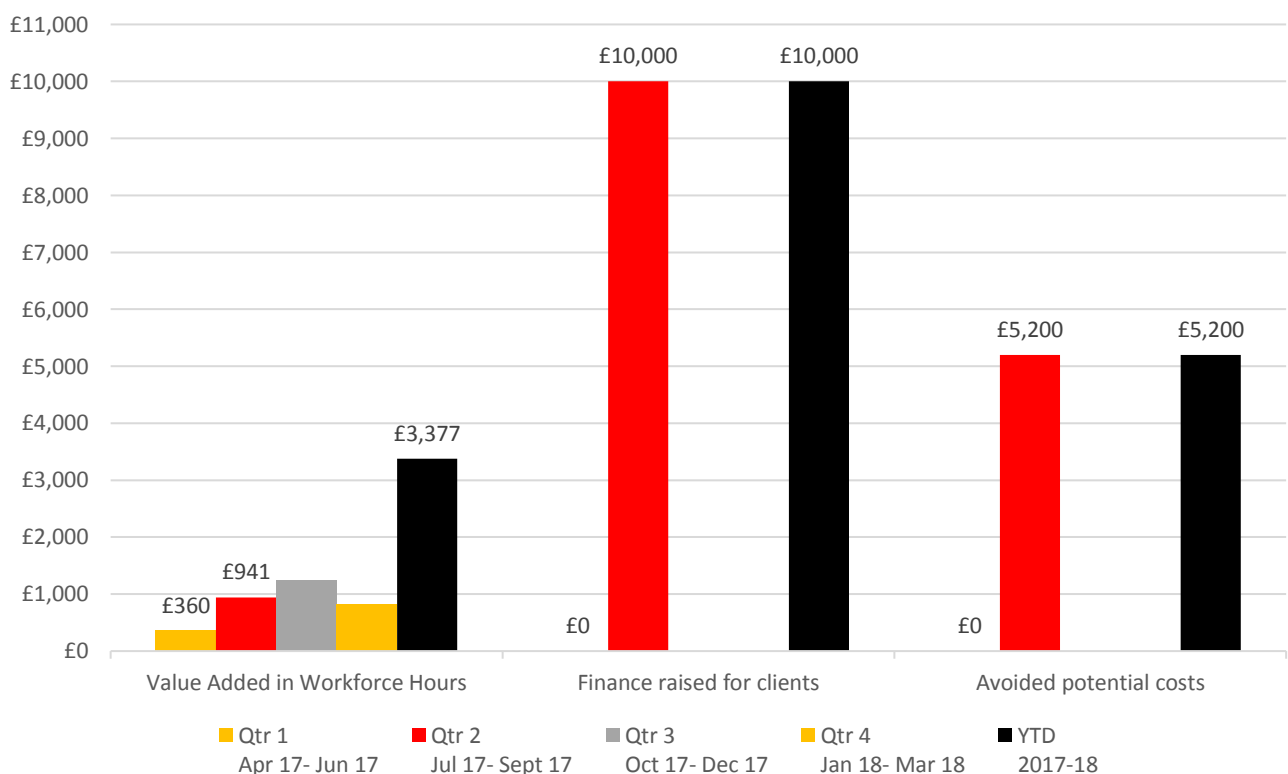


Epsom and Ewell social prescription service is delivered at £0 additional cost to either health or care. It has added over 244 hours care at a value of over £3000.

Workforce Capacity Added to System



Financial Value Added



Ms A had been unemployed for a while. The financial strain was getting her down, and her self-confidence and personal effectiveness were rapidly declining, having knock on effects to her relationships and overall mental health. I saw her a number of times about these emotional issues. Now I have referred her to the social prescription service, she's found a job in less than a month. She is so happy and she has no further issues, so has stopped attending the surgery for these emotional reasons.

Mrs J was extremely lonely and isolated. She came to the surgery for other health issues, but her low mood and lack of social interaction was reducing her wellbeing and increasing her complaints about her other symptoms. Since being referred to the social prescription service she is a much happier person. Now when she is presented with different options to help with her conditions, she is willing to consider them all and take up different forms of support. Feeling less lonely has made a difference to Mrs J's overall health and ability to manage her on going condition. Mrs J says the social prescription staff are very helpful and make a difference.